

Special Diet Meals on Wheels Order

Pick-up

☐

Delivery

☐

Route: _____

Delivery/Pick-Up Date: _____

Order Taken By: _____

Client: _____

Phone: _____

Address: _____

AlayaCare: MOW on File ☐ Non-Client ☐

Comments: _____

Please refer to apetito brochure or <https://my.apetito.ca/nutridata> for additional dietary information

**** To ensure meals meet your dietary needs, please speak to your dietician ****

SPECIAL DIET ENTRÉES

Options for Lactose Free, Gluten Free, Controlled Potassium, Controlled Phosphorus & More

_____ Apple Pork
_____ Beef & Vegetable Casserole

_____ Chicken in Gravy
_____ Hawaiian Chicken

_____ Herbed Fish
_____ Turkey in Gravy

VEGETARIAN ENTRÉES

_____ Chana Masala
_____ Cheese Omelet
_____ Macaroni & Cheese
_____ Mexican Rice & Bean Casserole

_____ Pasta Primavera
_____ Scrambled Eggs w/ Home Fries
_____ Spaghetti & Tomato Sauce
_____ Vegetable Chili

_____ Vegetable Curry
_____ Vegetable Dhal
_____ Vegetable Lasagna

MINCED ENTRÉES

_____ Apple Braised Pork
_____ Beef Dinner
_____ Beef Stew
_____ Chicken a la King
_____ Ham
_____ Honey Dijon Pork
_____ Pasta Primavera
_____ Turkey Dinner
_____ Vegetarian Stew

PUREED ENTRÉES

_____ Apple Braised Pork
_____ Beef & Vegetable Casserole
_____ Chicken a la King
_____ Creamed Salmon
_____ Lemon Herb Fish
_____ Meatloaf
_____ Pot Roast Beef
_____ Shepherd's Pie
_____ Spaghetti Bolognese
_____ Sweet & Sour Chicken
_____ Turkey Casserole
_____ Turkey Dinner
_____ Vegetarian Lasagna

THICKENED PURÉED SOUPS

_____ Broccoli Soup
_____ Carrot Soup
_____ Cauliflower Soup
_____ Chicken Noodle Soup
_____ Mushroom Soup
_____ Tomato Beef Soup

Entrées _____ x \$6.25 = _____

Soups _____ x \$3.00 = _____

TOTAL _____**Order Filled By:** _____**Payment Received By:** _____Cash ☐ Cheque ☐ Credit Card ☐Debit ☐ Invoice ☐ HAL ☐ HF ☐**AlayaCare Entry:** Client ☐ Non-Client ☐ Visit added to Schedule ☐ Payment Added ☐

2025-April-1