Exercise and Falls Prevention Instructors
(5-15 hours per week – Contract)

Community Care Peterborough provides services that support independence and promote peace of mind for seniors, their families and for adults with physical challenges who live in the City and County of Peterborough.

Position Summary:
Providing exercise and falls prevention instruction to groups of seniors with varying degrees of physical and cognitive ability. Classes also vary in degree of physical effort, endurance and difficulty. Classes will occur in several communities across the City and County of Peterborough based out of community centres and Retirement Homes.

Qualifications & Experience
- Physiotherapist, Physiotherapist Assistant, Kinesiologist, Occupational Therapist, Fitness Instructor or related background or equivalent work experience
- Strong organizational skills, accuracy with attention to detail, ability to multi-task
- Good interpersonal skills and written communication
- Strong working knowledge and proficiency in: Excel, Dropbox and ZOOM
- Computer and email efficiency
- Valid driver's license and reliable transportation

Please submit a resume and cover letter by February 28th, 2025 to:
Community Care Peterborough
185 Hunter Street East
Peterborough, ON K9H 0H1
HR@commcareptbo.org or Fax 705-745-6011

Please indicate "Instructor" in subject line of email.

*We thank all applicants for their interest, however only candidates selected for further consideration will be contacted. Community Care Peterborough is an **equal opportunity employer** committed to providing an inclusive and barrier-free selection process and workplace that embraces diversity, values differences, and supports the full participation of all employees. We recognize the importance of ensuring that all applicants are treated with equal respect and dignity, and are protected from discrimination and harassment. If you require accommodation measures during the recruitment or selection process, please advise in confidence at the time of application.*