

# Special Diet Meals on Wheels Order

Pick-up

Delivery

Route: \_\_\_\_\_

Delivery/Pick-Up Date: \_\_\_\_\_

Order Taken By: \_\_\_\_\_

Client: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

AlayaCare: MOW on File  Non-Client

Comments: \_\_\_\_\_

Please refer to [apetito brochure](https://my.apetito.ca/nutridata) or <https://my.apetito.ca/nutridata> for additional dietary information

**\*\* To ensure meals meet your dietary needs, please speak to your dietician \*\***

## SPECIAL DIET ENTRÉES

*Options for Lactose Free, Gluten Free, Controlled Potassium, Controlled Phosphorus & More*

\_\_\_\_\_ Apple Pork

\_\_\_\_\_ Hawaiian Chicken

\_\_\_\_\_ Turkey in Gravy

\_\_\_\_\_ Beef & Vegetable Casserole

\_\_\_\_\_ Herbed Fish

## VEGETARIAN ENTRÉES

\_\_\_\_\_ Chana Masala

\_\_\_\_\_ Pasta Primavera

\_\_\_\_\_ Vegetable Curry

\_\_\_\_\_ Cheese Omelet

\_\_\_\_\_ Scrambled Eggs w/ Home Fries

\_\_\_\_\_ Vegetable Dhal

\_\_\_\_\_ Macaroni & Cheese

\_\_\_\_\_ Spaghetti & Tomato Sauce

\_\_\_\_\_ Vegetable Lasagna

\_\_\_\_\_ Mexican Rice & Bean Casserole

\_\_\_\_\_ Vegetable Chili

## MINCED ENTRÉES

\_\_\_\_\_ Beef Dinner

\_\_\_\_\_ Beef Stew

\_\_\_\_\_ Chicken a la King

\_\_\_\_\_ Ham

\_\_\_\_\_ Honey Dijon Pork

\_\_\_\_\_ Pasta Primavera

\_\_\_\_\_ Turkey Dinner

\_\_\_\_\_ Vegetarian Stew

## PUREED ENTRÉES

\_\_\_\_\_ Apple Braised Pork

\_\_\_\_\_ Beef & Vegetable Casserole

\_\_\_\_\_ Chicken a la King

\_\_\_\_\_ Creamed Salmon

\_\_\_\_\_ Lemon Herb Fish

\_\_\_\_\_ Meatloaf

\_\_\_\_\_ Pot Roast Beef

\_\_\_\_\_ Shepherd's Pie

\_\_\_\_\_ Spaghetti Bolognese

\_\_\_\_\_ Sweet & Sour Chicken

\_\_\_\_\_ Turkey Casserole

\_\_\_\_\_ Turkey Dinner

\_\_\_\_\_ Vegetarian Lasagna

## THICKENED PURÉED SOUPS

\_\_\_\_\_ Broccoli Soup

\_\_\_\_\_ Carrot Soup

\_\_\_\_\_ Cauliflower Soup

\_\_\_\_\_ Chicken Noodle Soup

\_\_\_\_\_ Mushroom Soup

\_\_\_\_\_ Tomato Beef Soup

Entrées \_\_\_\_\_ x \$6.00 = \_\_\_\_\_

Soups \_\_\_\_\_ x \$3.00 = \_\_\_\_\_

**TOTAL** \_\_\_\_\_

**Order Filled By:** \_\_\_\_\_

**Payment Received By:** \_\_\_\_\_

Cash  Cheque  Credit Card

Debit  Invoice  HAL  HF

**AlayaCare Entry:** Client  Non-Client  Visit added to Schedule  Payment Added